Tryouts/Practice Spring 2024

WEST SENECA WEST

You MUST register for your sport on Parent Portal (registration will be open Feb 20th) — CLICK HERE Must be registered by MARCH 1st Physicals from PMD should be turned into the school nurse by March 1st

| VARSITY BASEBALL | Mr. Hodil / Mr. Chimera | Mon-Wed, March 11-13 5:30 – 7:00 pm West Sr - Gym |
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| JV BASEBALL | Mr. Whalen | Mon-Fri, March 11-15 7:00 – 8:30 pm West Sr – Gym Join Remind - code @kbb2k9 |
| MODIFIED BASEBALL | Mr. Simmons | WSW Modified Baseball Information Informational Modified Baseball Meeting Monday, March 18, 2024, 315pm Cafe B, West Middle School |
| GIRLS VARSITY FLAG FOOTBALL (District Team) | Ms. Embree / Ms. Kelley | WSD Girls Flag Football Information |
| BOYS VARSITY LACROSSE | Mr. Cantafio / Mr. K Haettich | Sat, March 9 10:00 am Parent / Athlete Meeting – West Mid Café A Mon – Wed, March 11-13 2:30 – 4:30 pm West Sr - Turf |
| BOYS JV LACROSSE | Mr. Schweikowsky / Mr. R. Haettich | Sat., March 9 10:00 am Parent /Athlete Meeting – West Sr Rm 155 Mon – Tues, March 11-12 2:30 – 4:30 pm West Sr – Turf Wed, March 13 2:30 – 4:30 pm West Sr – Grass Field |
| BOYS MODIFIED LACROSSE | Mr. Perna / Mr. Rozo | WSW Boys Modified Lacrosse Meeting and Tryouts |
| GIRLS VARSITY LACROSSE | Ms. Barone / Ms. Fibich | WSW Girls Lacrosse Preseason Meeting Handout Try-outs: Mon-Wed, March 11 – March 13 3:00 – 5:00 pm West Sr – Turf Field |
| GIRLS JV LACROSSE | Ms. Miller / Ms. Reinlander | WSW Girls JV Lacrosse Calendar Girls JV Practices will be on the Grass Field WSW Girls JV Lacrosse Syllabus WSW Girls Lacrosse Preseason Meeting Handout |
| GIRLS MODIFIED LACROSSE | Ms. Vanderlip / Mr. Maurino | Try-outs at West Middle Gym Mon., 3/18- 7:45 to 9:00 pm Tues, 3/19- 7:15 to 8:45 pm Wed, 3/20- 4:15 to 5:45 pm Thurs, 3/21- 5:45 to 7:15 pm Fri., 3/22- 5:45 to 7:15 pm |
| VARSITY & JV SOFTBALL | Ms. Bonetto (Var) / Ms. Boltz Ms. Evans (JV) | WS West Varsity and JV Softball Information |
| MODIFIED SOFTBALL | Mrs. Miloshevski | Monday 3/18: 5:15-6:30 (Parent Meeting to follow 6:30 - 7:00) Tuesday 3/19: 4:15-5:45 NO TRYOUTS 3/20-3/23 - 8th Grade trip to Washington DC Monday 3/25: 5:15-6:30 Tuesday 3/26: 4:15-5:45 |

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| | | Please note location of practices |
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| BOYS VARSITY TENNIS (District Team) | Mr. Prynn | Monday, March 11 2:40- 4pm West Sr Weight Room (or courts if nice out) Tuesday, March 12 2:40- 4pm East Sr Weight Room (or courts if nice out) Wednesday. March 13 2:40- 4pm West Sr Weight Room (or courts if nice out) Thursday, March 14 2:40- 4pm East Sr Weight Room (or courts if nice out) Friday, March 15 2:40- 4pm West Sr Weight Room (or courts if nice out) West Sr Weight Room (or courts if nice out) |
| BOYS & GIRLS VARSITY TRACK | Boys Coaches: Mr. Szymanski / Ms. Phillips / Ms. Donner Girls Coaches: Mr. Kader / Mr. Blake / Ms. Newell | WSW-Track-Var-Parent-Athlete-Meeting.pdf WSW Varsity Track Calendar - March thru June WSW-Track-Var-ProgramResponsibilities.pdf |
| BOYS/GIRLS MOD TRACK | Mr. Barone / Mr. Gang / Mr. Beiter | Student meeting March 18 at 230 pm in the cafe Parent meeting March 18 at 5 pm in aud Monday March 25th at West Middle Gym-Day 1 practice 2:30-4:30 pm A. Day 2,3,4 at West Middle School. WSW Modified Track Program Policies |
| UNIFIED BASKETBALL | Mrs. Clark | Unified Basketball Info |